**WILD PLANT ROOTS For complete list, go to** [**http://www.wildfoodies.org/Roots.htm**](http://www.wildfoodies.org/Roots.htm)  ***\* Tree roots are also edible:***[***sassafras***](http://www.wildfoodies.org/Sassafras.htm)***,*** [***birch, sweet & yellow***](http://www.wildfoodies.org/SweetBirch.htm)[***larch***](http://www.wildfoodies.org/Larch,American.htm)***,***[***pine***](http://www.wildfoodies.org/WhitePine.htm)***,*** [***poplar, cottonwood***](http://www.wildfoodies.org/Poplar,Cottonwood.htm)***, &*** [***tulip poplar***](http://www.wildfoodies.org/TulipPoplar.htm)

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| --- | --- |
| [**DANDELION**](file:///C:\Users\Lynn\Documents\My%20Web%20Sites\WildFoodies\Dandelion.htm) **https://upload.wikimedia.org/wikipedia/commons/5/53/Gew%C3%B6hnlicher_L%C3%B6wenzahn_Taraxacum_officinale_agg._big.jpg** | [**CHICORY**](file:///C:\Users\Lynn\Documents\My%20Web%20Sites\WildFoodies\Chicory.htm)  **https://upload.wikimedia.org/wikipedia/commons/b/bd/CichoriumIntybus-plant-kl.jpg** |
| [**WILD ONION**](file:///C:\Users\Lynn\Documents\My%20Web%20Sites\WildFoodies\OnionGrass.htm)  **https://ag.purdue.edu/btny/ppdl/Pages/images/WO2.jpg**   https://pfaf.org/Admin/PlantImages/AlliumCanadense.jpg | [**WILD GARLIC**](file:///C:\Users\Lynn\Documents\My%20Web%20Sites\WildFoodies\Garlic.htm)  https://upload.wikimedia.org/wikipedia/commons/thumb/f/fc/Allium_vineale1.jpg/800px-Allium_vineale1.jpg |
| [**MUSTARD**](file:///C:\Users\Lynn\Documents\My%20Web%20Sites\WildFoodies\Mustard.htm)  **https://upload.wikimedia.org/wikipedia/commons/b/b5/Arya-_field_mustard-graha_nuansa-2019-4.jpg** | [**GARLIC MUSTARD**](file:///C:\Users\Lynn\Documents\My%20Web%20Sites\WildFoodies\GarlicMustard.htm)– first year root tastes like horseradish  **https://upload.wikimedia.org/wikipedia/commons/thumb/8/8d/Allaria_petiolata(01).jpg/800px-Allaria_petiolata(01).jpg** |
| [**BURDOCK**](file:///C:\Users\Lynn\Documents\My%20Web%20Sites\WildFoodies\Burdock.htm) **– thistle family**  **https://upload.wikimedia.org/wikipedia/commons/thumb/c/ca/ArctiumLappa1.jpg/800px-ArctiumLappa1.jpg** | [**SALSIFY**](file:///C:\Users\Lynn\Documents\My%20Web%20Sites\WildFoodies\Salsify.htm) **– thistle family**  **https://upload.wikimedia.org/wikipedia/commons/e/ef/Tragopogon_porrifolius_flower.jpg** |
| **SPRING BEAUTY**  **Image result for Claytonia virginica, plant** | **STAR OF BETHLEHEM (iffy edible)**  **Image result for star of bethlehem, plant** |
| **WILD CARROT**  **https://upload.wikimedia.org/wikipedia/commons/thumb/c/ce/Wild_carrot.jpg/800px-Wild_carrot.jpg** | **ANISE ROOT**  **Osmorhiza longistylis.jpg** |
| **WILD GINGER**    **https://upload.wikimedia.org/wikipedia/commons/thumb/7/72/Asarum_canadense_03.jpg/1920px-Asarum_canadense_03.jpg** | **CHAMELEON** – Asian, ginger taste  **https://upload.wikimedia.org/wikipedia/commons/thumb/5/54/Houttuynia_cordata_2.JPG/800px-Houttuynia_cordata_2.JPG** |
| **COMMON MALLOW**  **https://extension.umass.edu/landscape/sites/landscape/files/weeds/leaves/malne3321w.jpg** | **MARSH MALLOW**  **https://upload.wikimedia.org/wikipedia/commons/thumb/1/18/Althaea_officinalis_001.JPG/1280px-Althaea_officinalis_001.JPG** |
| **SOLOMON’S SEAL**  **https://upload.wikimedia.org/wikipedia/commons/c/ca/Polygonatum_falcatum_Mainau_ies.jpg** | **FALSE SOLOMON’S SEAL**  **https://upload.wikimedia.org/wikipedia/commons/thumb/b/b6/Maianthemum_racemosum_4930.JPG/1920px-Maianthemum_racemosum_4930.JPG** |
| **JERUSALEM ARTICHOKE**  **https://upload.wikimedia.org/wikipedia/commons/thumb/a/ae/Sunroot_top.jpg/800px-Sunroot_top.jpghttps://upload.wikimedia.org/wikipedia/commons/thumb/c/c2/Sunroot_flowers.jpg/1280px-Sunroot_flowers.jpg** | **WOODLAND SUNFLOWER**  **https://upload.wikimedia.org/wikipedia/commons/0/0b/Helianthus_strumosus.jpg** |
| **WHITE WATER LILLY  https://upload.wikimedia.org/wikipedia/commons/1/18/Water_lilly_flower.jpg** | **YELLOW WATER LILLY  https://upload.wikimedia.org/wikipedia/commons/thumb/d/dd/Yellow_Lily_in_Pond_3264px.jpg/1920px-Yellow_Lily_in_Pond_3264px.jpg** |
| [**ARROWHEAD**](http://www.wildfoodies.org/Arrowhead.htm)  **http://www.nwplants.com/images/perennials/sag_lat_jko_1small.JPG** | [**ARROW ARUM**](https://pfaf.org/user/plant.aspx?latinname=Peltandra+virginica) (cook root)  **Peltandra virginica** |
| **AMERICAN GROUNDNUT**  **https://upload.wikimedia.org/wikipedia/commons/thumb/4/45/Wp5074_apios_americana.jpg/1280px-Wp5074_apios_americana.jpg https://upload.wikimedia.org/wikipedia/commons/thumb/4/46/Apios_americana_-_American_groundnut_(Indian_potato)_tuber.jpg/1280px-Apios_americana_-_American_groundnut_(Indian_potato)_tuber.jpg** | **AMERICAN HOG PEANUT**  **https://upload.wikimedia.org/wikipedia/commons/thumb/c/c3/Amphicarpaea_bracteata,_2015-08-25,_Bird_Park,_01.jpg/1280px-Amphicarpaea_bracteata,_2015-08-25,_Bird_Park,_01.jpg** |
| **CATTAIL – hotdog on a stick**  **https://upload.wikimedia.org/wikipedia/commons/thumb/5/5f/Typha_angustifolia1.JPG/800px-Typha_angustifolia1.JPG** | **REEDGRASS/ Phragmite – nature’s feather duster**  **https://upload.wikimedia.org/wikipedia/commons/thumb/4/4f/Schwielowsee-Schilfrohrguertel-01.jpg/1280px-Schwielowsee-Schilfrohrguertel-01.jpg** |
| **FIDDLEHEAD FERN**  https://upload.wikimedia.org/wikipedia/commons/thumb/4/4b/Matteuccia_struthiopteris_(4).JPG/1280px-Matteuccia_struthiopteris_(4).JPG  Root-of-Fiddlehead-fern | **EVENING PRIMROSE** https://upload.wikimedia.org/wikipedia/commons/thumb/8/8e/Oenothera_%C3%97_fallax_001.jpg/800px-Oenothera_%C3%97_fallax_001.jpg |
| **GREENBRIER / SMILAX**  Smilax rotundifolia 8.JPG | **DAYLILY**  https://upload.wikimedia.org/wikipedia/commons/thumb/3/33/Hemerocallis001.jpg/800px-Hemerocallis001.jpg |